







MEMORY CARE DECEMBER 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|---|---|--|
|  | | | 1. CHRISTMAS LIGHTS 10:30 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 PAINTING 3:00 SNACK AND MUSIC 6:00 CHRISTMAS LIGHTS | 2. 10:30 SNACK TIME 11:00 SITTCERCISE 2:00 SPA DAY 3:00 SNACK AND MUSIC 6:30 THE THREE STOOGES | 3. 10:30 SNACK & MUSIC 11:00 SIT & BE FIT 2:00 SING-A-LONG 3:30 SNACK & CHAT 6:30 TV CLASSIC |  |
| 5. 10:30 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 TV CHURCH | 6 10:30 BEAUTY SHOP 11:00 SITTCERCISE 2:00 KICKBALL 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE | 7. 10:30 SNACK & MUSIC 11:00 SITTCERCISE 2:00 SPA DAY 3:30 SNACK & CHAT 6:30 SHIRLEY TEMPLE | 8. 10:30 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 PAINTING 3:00 SNACK AND MUSIC 6:30 TABLE GAMES | 9. 10:30 SNACK TIME 11:00 SITTCERCISE 2:00 SPA DAY 3:00 SNACK AND MUSIC 6:30 THE THREE STOOGES | 10. 10:30 SNACK & MUSIC 11:00 SIT & BE FIT 2:00 SING-A-LONG 3:30 SNACK & CHAT 6:30 TV CLASSIC | 11 10:30 SNACK TIME 11:00 CHURCH 2:00 TABLE GAMES 3:30 SNACK TIME 6:30 TABLE TIME |
| 12. 10:30 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 TV CHURCH | 13. 10:30 BEAUTY SHOP 11:00 SITTCERCISE 2:00 KICKBALL 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE | 14. 10:30 SNACK & MUSIC 11:00 SITTCERCISE 2:00 SPA DAY 3:30 SNACK & CHAT 7:00 SHIRLEY TEMPLE | 15. 10:30 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING ALONG 3:00 SNACK AND MUSIC 6:30 TABLE GAMES | 16. 10:30 SNACK TIME 11:00 SITTCERCISE 2:00 SPA DAY 3:00 SNACK AND MUSIC 6:30 THE THREE STOOGES | 17. 10:30 SNACK & MUSIC 11:00 SIT & BE FIT 2:00 SING-A-LONG 3:30 STORY TIME 6:30 TV CLASSIC | 18. 10:30 SNACK TIME 11:00 CHURCH 2:00 TABLE GAMES 3:30 SNACK TIME 6:30 TABLE TIME |
| 19 10:30 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 TV CHURCH | 20. CHRISTMAS PARTY 10:30 BEAUTY SHOP 11:00 SITTCERCISE 2:00 CRAFTS 3:30 HARP MUSIC 6:30 HAND MASSAGE | 21. 10:30 SNACK & MUSIC 11:00 SITTCERCISE 2:00 CRAFT FUN 3:30 SNACK & CHAT 6:30 SHIRLEY TEMPLE | 22. 10:30 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 BINGO FUN 3:00 SNACK AND MUSIC 6:30 TABLE GAMES | 23 10:30 SNACK TIME 11:00 SITTCERCISE 2:00 SPA DAY 3:00 SNACK AND MUSIC 6:30 THE THREE STOOGES | 24. 10:30 SNACK & MUSIC 11:00 SIT & BE FIT 2:00 SING-A-LONG 3:30 SNACK & CHAT 6:30 TV CLASSIC | 25. 10:30 SNACK TIME 11:00 CHURCH 2:00 TABLE GAMES 3:30 SNACK TIME 6:30 TABLE TIME |
| 26. 10:30 DEVOTIONS 11:00 SIT TO BE FIT 2:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 TV CHURCH | 27. V.MOHAMED 10:30 BEAUTY SHOP 11:00 SITTCERCISE 2:00 NOODLE BALL 3:30 SNACKS 6:30 HAND MASSAGE | 28. 10:30 SNACK & MUSIC 11:00 EXERICES 2:00 CRAFT FUN 3:30 SNACK & CHAT 6:30 SHIRLEY TEMPLE | 29. 10:30 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 BINGO FUN 3:00 SNACK AND MUSIC 6:30 TABLE GAMES | 30. 10:30 SNACK TIME 11:00 SITTCERCISE 2:00 SPA DAY 3:00 SNACK AND MUSIC 6:30 THE THREE STOOGES | 31. NEW YEAR'S EVE 10:30 SNACK & MUSIC 11:00 EXERICES 2:00 NEW YEAR PARTY! 6:30 SHIRLEY TEMPLE |  |
|  |  | | | DEC. V.MOHAMED 12/27 |  | |