



# MEMORY CARE JANUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 TV CHURCH	<b>2</b> 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 DEER HUNTING 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	<b>3</b> 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TRIVIA	<b>4</b> 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING-ALONG 3:30 SNACK TIME 6:30 TABLE TIME	<b>5</b> 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 SPA DAY 3:30 SNACK & MUSIC 6:30 MOVIE TIME	<b>6</b> 10:30 SNACK & MUSIC 11:00 OUT TO LUNCH 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TV CLASSIC4.	<b>7</b> 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA 3:30 SNACK TIME 6:30 TABLE TIME
<b>8</b> 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 TV CHURCH	<b>9</b> 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 KICKBALL 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	<b>10</b> 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TRIVIA	<b>11</b> 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING-ALONG 3:30 SNACK TIME 6:30 TABLE TIME	<b>12</b> 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 SPA DAY 3:30 SNACK & MUSIC 6:30 MOVIE TIME	<b>13</b> 10:30 SNACK & MUSIC 11:00 JOYRIDE 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TV CLASSIC	<b>14</b> 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA 3:30 SNACK TIME 6:30 TABLE TIME
<b>15 JEAN HUNTER'S B-DAY</b> 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 TV CHURCH	<b>16 MLK DAY</b> 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 BOWLING 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	<b>17</b> 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 BINGO FUN 3:30 SNACK & CHAT 7:00 GREYHOUNDS VISIT	<b>18</b> 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 PAINTING 3:30 SNACK TIME 6:30 TABLE TIME	<b>19</b> 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 SPA DAY 3:30 SNACK & MUSIC 6:30 MOVIE TIME	<b>20</b> 10:30 SNACK & MUSIC 11:00 JOYRIDE 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TV CLASSIC	<b>21</b> 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA 3:30 SNACK TIME 6:30 TABLE TIME
<b>22</b> 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 TV CHURCH	<b>23</b> 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 GALLOWAY KIDS PERFORM 6:30 HAND MASSAGE	<b>24</b> 10:30 SNACK & MUSIC 11:00 SITTCERCISE/PET VISIT 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TRIVIA	<b>25</b> 10:00 CHURCH MUSIC 11:00 SIT & BE FIT 2:00 SING-ALONG 3:30 SNACK TIME 6:30 TABLE TIME	<b>26</b> 10:30 MOVE & GROOVE 11:00 TRIVIA 2:00 SPA DAY 3:30 SNACK & MUSIC 6:30 MOVIE TIME	<b>27</b> 10:30 SNACK & MUSIC 11:00 JOYRIDE 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TV CLASSIC	<b>28</b> 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA 3:30 SNACK TIME 6:30 TABLE TIME
<b>29</b> 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 KING SPRING CHURCH	<b>30</b> 10:00 BEAUTY SHOP 11:00 SITTCERCISE 2:00 BOWLING 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	<b>31</b> 10:30 SNACK & MUSIC 11:00 KICKBALL 2:00 BINGO FUN 3:30 SNACK & CHAT 6:30 TRIVIA		DEER HUNTING! AIM YOUR NERF GUN AT OUR STAFF IN THEIR REINDEER ANTLERS MONDAY, JAN. 2 2:00 PM	THE GALLOWAY SCHOOL STUDENTS PERFORM  JANUARY 23 3:00 PM	  JEAN HUNTER - JAN. 15