

WOODLAND RIDGE ASSISTED LIVING FEBRUARY 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>VALENTINE'S DAY PARTY TUESDAY, FEB. 14 2:00 ROMANTIC HARP MUSIC + SWEETS AND TREATS</p>		<p>1 10:30 BIBLE STUDY –CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>2 NELL MARDELL'S BIRTHDAY 10:00 BIBLE STUDY—PASTOR GLENN 11:00 EXERCISE AND BALANCE 2:00 CRAFT CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>3 10:00 READ TO NICKAJACK 11:00 SCARF MOVES 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>4 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>5 LINDA LESLIE'S BIRTHDAY 10:30 SITTCERISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>6 10:30 TAI CHI 11:00 RESIDENT COUNCIL 2:00 MUSIC HISTORY 3:30 SNACKS 6:30 WORD SEARCH</p>	<p>7 10:30 PET VISITS 11:00 STRETCH & BALANCE 2:00 BIRTHDAY PARTY 3:30 NAME THAT TUNE 6:00 PUZZLES</p>	<p>8 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>9 10:30 EXERCISE AND BALANCE 11:00 BIBLE STUDY –PASTOR JAMES 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>10 10:00 READ TO NICKAJACK 11:00 LUNCH TRIP TO THE VARSITY 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>11 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 CLASSIC TV</p>
<p>12 PEGGY CROSSWELL'S B-DAY 10:30 SITTCERISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 SUPER BOWL</p>	<p>13 10:30 TAI CHI 11:00 REMINISCE 2:00 MUSIC HISTORY 3:30 SNACKS 6:30 WORD SEARCH</p>	<p>14 VALENTINE'S DAY 10:30 PET VISITS 11:00 STRETCH & BALANCE 2:00 VALENTINE'S DAY PARTY HARP MUSIC AND TREATS 6:30 PUZZLES</p>	<p>15 10:30 BIBLE STUDY –CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>16 10:00 BIBLE STUDY—PASTOR GLENN 11:00 EXERCISE AND BALANCE 2:00 CRAFT CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>17 10:00 READ TO NICKAJACK 11:00 DOLLAR TREE SHOPPING 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:30 SUDOKU</p>	<p>18 10:00 WORD GAME 11:30 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>19 10:30 SITTCERISE 11:00 BEAN BAG TOSS 2:00 STORIES—BROOKE 3:00 SNACKS 6:30 TV CHURCH</p>	<p>20 RUBY WILLIAM'S BIRTHDAY 10:30 TAI CHI 11:00 REMINISCE 2:00 PRESIDENTIAL TOURS AND TRIVIA FOR PRES. DAY 6:30 WORD SEARCH</p>	<p>21 MARK FORBES BIRTHDAY MARDI GRAS 10:30 PET VISITS 11:00 STRETCH & BALANCE 2:00 MARDI GRAS PARTY WITH CRAIG GRUENBERG ON PIANO 6:30 PUZZLES</p>	<p>22 10:30 BIBLE STUDY –CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>23 10:30 EXERCISE AND BALANCE 11:00 BIBLE STUDY –PASTOR JAMES 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>24 10:00 READ TO NICKAJACK 11:00 SCARF MOVES 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>25 10:00 WORD GAME 11:30 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 CLASSIC TV</p>
<p>26 10:30 SITTCERISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>27 10:30 TAI CHI 11:00 REMINISCE 2:00 BINGO AUCTION 3:30 SNACKS 6:30 WORD SEARCH</p>	<p>28 10:30 PET VISITS 11:00 STRETCH & BALANCE 1:00 TRIP TO REGAL CINEMAS TO SEE THE LATEST MOVIE 6:30 PUZZLES</p>		<p>MARDI GRAS PARTY TUESDAY, FEB. 21 2:00 CRAIG GRUENBERG, PIANO KING CAKE + BEADS WEAR YOUR GOLD, GREEN + PURPLE</p>		