



# MEMORY CARE MARCH 2023

| Sun   | Mon  | Tue   | Wed   | Thu   | Fri   | Sat  |
|---|--|---|---|---|---|--|
|    | <b>ST. PATRICK'S DAY PARTY</b><br>FRIDAY, MARCH 17<br>2:00 PM<br>MUSIC AND TREATS!   | CELEBRATE THE<br>FIRST DAY OF SPRING<br><br>HARP MUSIC AND TREATS<br>MONDAY<br>MARCH 20 AT 2:00                                 | <b>1</b><br>10:00 CHURCH MUSIC<br>11:00 SIT & BE FIT<br>2:00 SING-ALONG<br>3:30 SNACK TIME<br>6:30 TABLE TIME                 | <b>2</b><br>10:30 MOVE & GROOVE<br>11:00 TRIVIA<br>2:00 SPA DAY<br>3:30 SNACK & MUSIC<br>6:30 MOVIE TIME                | <b>3</b><br>10:30 SNACK & MUSIC<br>11:00 OUT TO LUNCH<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>6:30 TV CLASSIC4.                       | <b>4</b><br>10:30 SNACK TIME<br>11:00 CHURCH<br>2:00 TRIVIA<br>3:30 SNACK TIME<br>6:30 TABLE TIME  |
| <b>5</b><br>10:00 DEVOTIONS<br>11:00 SIT TO BE FIT<br>2:00 MUSIC THERAPY<br>3:30 SNACK & CHAT<br>6:30 TV CHURCH                         | <b>6</b><br>10:00 BEAUTY SHOP<br>11:00 SITTCERCISE<br>2:00 KICKBALL<br>3:30 SNACKS & MUSIC<br>6:30 HAND MASSAGE                          | <b>7</b><br>10:30 SNACK & MUSIC<br>11:00 SITTCERCISE/PET VISIT<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>6:30 TRIVIA            | <b>8</b><br>10:00 CHURCH MUSIC<br>11:00 SIT & BE FIT<br>2:00 SING-ALONG<br>3:30 SNACK TIME<br>6:30 TABLE TIME                 | <b>9 LIBBY I. B-DAY</b><br>10:30 MOVE & GROOVE<br>11:00 TRIVIA<br>2:00 SPA DAY<br>3:30 SNACK & MUSIC<br>6:30 MOVIE TIME | <b>10</b><br>10:30 SNACK & MUSIC<br>11:00 JOYRIDE<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>6:30 TV CLASSIC                             | <b>11</b><br>10:30 SNACK TIME<br>11:00 CHURCH<br>2:00 TRIVIA<br>3:30 SNACK TIME<br>6:30 TABLE TIME |
| <b>12 DAYLIGHT SAVING BEGINS</b><br>10:00 DEVOTIONS<br>11:00 SIT TO BE FIT<br>2:00 MUSIC THERAPY<br>3:30 SNACK & CHAT<br>6:30 TV CHURCH | <b>13</b><br>10:00 BEAUTY SHOP<br>11:00 SITTCERCISE<br>2:00 BOWLING<br>3:30 SNACKS & MUSIC<br>6:30 HAND MASSAGE                          | <b>14</b><br>10:30 SNACK & MUSIC<br>11:00 SITTCERCISE/PET VISIT<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>7:00 GREYHOUNDS VISIT | <b>15</b><br>10:00 CHURCH MUSIC<br>11:00 SIT & BE FIT<br>2:00 PAINTING<br>3:30 SNACK TIME<br>6:30 TABLE TIME                  | <b>16</b><br>10:30 MOVE & GROOVE<br>11:00 TRIVIA<br>2:00 SPA DAY<br>3:30 SNACK & MUSIC<br>6:30 MOVIE TIME               | <b>17 ST. PATRICK'S DAY</b><br>10:30 SNACK & MUSIC<br>11:00 JOYRIDE<br>2:00 ST. PATRICK'S PARTY<br>3:30 SNACK & CHAT<br>6:30 TV CLASSIC | <b>18</b><br>10:30 SNACK TIME<br>11:00 CHURCH<br>2:00 TRIVIA<br>3:30 SNACK TIME<br>6:30 TABLE TIME |
| <b>19</b><br>10:00 DEVOTIONS<br>11:00 SIT TO BE FIT<br>2:00 MUSIC THERAPY<br>3:30 SNACK & CHAT<br>6:30 TV CHURCH                        | <b>20 FIRST DAY OF SPRING</b><br>10:00 BEAUTY SHOP<br>11:00 SITTCERCISE<br>2:00 SPRING PARTY<br>3:30 SNACKS & MUSIC<br>6:30 HAND MASSAGE | <b>21</b><br>10:30 SNACK & MUSIC<br>11:00 SITTCERCISE/PET VISIT<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>6:30 TRIVIA           | <b>22 ANITA L. B-DAY</b><br>10:00 CHURCH MUSIC<br>11:00 SIT & BE FIT<br>2:00 SING-ALONG<br>3:30 SNACK TIME<br>6:30 TABLE TIME | <b>23</b><br>10:30 MOVE & GROOVE<br>11:00 TRIVIA<br>2:00 SPA DAY<br>3:30 SNACK & MUSIC<br>6:30 MOVIE TIME               | <b>24</b><br>10:30 SNACK & MUSIC<br>11:00 JOYRIDE<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>6:30 TV CLASSIC                             | <b>25</b><br>10:30 SNACK TIME<br>11:00 CHURCH<br>2:00 TRIVIA<br>3:30 SNACK TIME<br>6:30 TABLE TIME |
| <b>26</b><br>10:00 DEVOTIONS<br>11:00 SIT TO BE FIT<br>2:00 MUSIC THERAPY<br>3:30 SNACK & CHAT<br>6:30 TV CHURCH                        | <b>27</b><br>10:00 BEAUTY SHOP<br>11:00 SITTCERCISE<br>2:00 BOWLING<br>3:30 SNACKS & MUSIC<br>6:30 HAND MASSAGE                          | <b>28</b><br>10:30 SNACK & MUSIC<br>11:00 SITTCERCISE/PET VISIT<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>6:30 TRIVIA           | <b>29</b><br>10:00 CHURCH MUSIC<br>11:00 SIT & BE FIT<br>2:00 SING-ALONG<br>3:30 SNACK TIME<br>6:30 TABLE TIME                | <b>30</b><br>10:30 MOVE & GROOVE<br>11:00 TRIVIA<br>2:00 SPA DAY<br>3:30 SNACK & MUSIC<br>6:30 MOVIE TIME               | <b>31</b><br>10:30 SNACK & MUSIC<br>11:00 JOYRIDE<br>2:00 BINGO FUN<br>3:30 SNACK & CHAT<br>6:30 TV CLASSIC                             |               |