

# WOODLAND RIDGE ASSISTED LIVING AUGUST 2023

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

	<p>DANCING WITH THE SENIOR STARS</p> <p>AUGUST 9 6:30 PM</p>	<p>1 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 BIRTHDAY PARTY 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>2 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>3 10:00 BIBLE STUDY—PASTOR GLENN 11:00 EXERCISE AND BALANCE 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>4 10:30 SCARF MOVES 11:00 MUSIC HISTORY 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:30 SUDOKU</p>	<p>5 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>6 10:30 SITTEKISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>7 10:30 TAI CHI 11:00 RESIDENT COUNCIL 2:00 MUSIC HISTORY 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>8 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 ICE CREAM SOCIAL 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>9 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 <b>DANCING WITH THE SENIOR STARS!</b></p>	<p>10 10:00 BIBLE STUDY—PASTOR POLSON 10:30 EXERCISE AND BALANCE 2:00 CRAFT CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>11 10:30 SCARF MOVES 11:00 DOLLAR TREE SHOPPING 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>12 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>13 10:30 SITTEKISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>14 10:30 TAI CHI 11:00 REMINISCE 2:00 HARP MUSIC 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>15 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 COOKING CLUB 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>16 10:30 BIBLE STUDY —CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>17 10:00 BIBLE STUDY—PASTOR GLENN 11:00 BRAVES GAME TRIP 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>18 10:30 SCARF MOVES 11:00 LUNCH TRIP TO COOKOUT 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:30 SUDOKU</p>	<p>19 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>20 10:30 SITTEKISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 STORIES WITH BROOKE 6:30 TV CHURCH</p>	<p>21 10:30 TAI CHI 11:00 REMINISCE 2:00 MUSIC —THE HAMILTON'S 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>22 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 BINGO AUCTION 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>23 10:30 BIBLE STUDY —CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>24 10:00 BIBLE STUDY—PASTOR POLSON 10:30 EXERCISE AND BALANCE 2:00 CRAFT CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>25 9:45 READ TO NICKAJACK KIDS 11:00 SCARF MOVES 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>26 10:00 WORD GAME 11:30 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 CLASSIC TV</p>
<p>27 10:30 SITTEKISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>28 10:30 TAI CHI 11:00 REMINISCE 2:00 MUSIC HISTORY 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>29 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 COOKING CLUB 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>30 10:30 BIBLE STUDY —CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>31 10:00 BIBLE STUDY—PASTOR GLENN 11:00 BRAVES GAME TRIP 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p> LUNCH OUT TO COOKOUT AUG. 18 11:00</p>	<p>READ TO THE KIDS AT NICKAJACK SCHOOL STARTS FRIDAY, AUG. 25 9:45 AM</p> 