





# MEMORY CARE September 2023

	Mon	Tue	Wed	Thu	Fri	Sat
	<b>HAPPY BIRTHDAY</b> SEPT 3 =ANN S. SEPT 14=PEGGY J.				1 7:00 COFFEE CAFE 10:00 BALL TOSSING FUN 10:30 SNACK & SOCIAL 1:00 TRIVIA 3:30 SNACK & CHAT 6:00 TABLE GAMES	2 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA 3:30 SNACK TIME 6:30 MOVIE TIME
3 10:00 DEVOTIONS 10:30 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 TV CHURCH	4 7:00 COFFEE CAFE 10:00 SITTERCISE 1030 SNACK AND MUSIC 2:00 PAINTING 3:00 SNACK TIME 6:30 TV CLASSIC	5 7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 10:30 MOOVE & GROOVE 1:00 TUESDAY TRAVELS 3:30 SNACK & CHAT 6:30 TRIVIA	6 7:00 COFFEE CAFE 10:00 CHAIR MOTION 10:30 SNACKS AND CHAT 1:30 JOY RIDE 3:30 SNACK TIME 6:30 TABLE TIME	7 7:00 COFFEE CAFE 10:00 MOVE & GROOVE 10:30 TRIVIA 1:00 NECKALCE MAKING 2:00 BIRTHDAY PARTY -THE HAMILTON'S SINGING	8 7:00 COFFEE CAFE 10:00 YOGA 10:30 SING A LONG 1:00 GARDEN TIME 3:00 SNACK & CHAT 6:30 TV CLASSIC	9 10:30 SNACK TIME 11:00 CHURCH 2:00 TRIVIA 3:30 SNACK TIME 6:30 TABLE TIME
10 10:00 DEVOTIONS 11:00 SITTERCISE 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 TV CHURCH	11 7:00 COFFEE CAFE 10:00 SITTERCISE 10:30 NAME THAT TUNE 1:00 BEAN BAG TOSS 3:00 HARP MUSIC 6:30 UNWIND& MOVIE	12 7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 11:00 PET VISITS 1:00 TABLE GAMES 3:30 SNACK & CHAT 6:30 TRIVIA	13 7:00 COFFEE CAFE 10:00 SIT TO BE FIT 10:30 SNACK \$ CHAT 1:30 JOY RIDE 3:30 SNACK TIME 6:30 TABLE TIME	14 7:00 COFFEE CAFE 10:00 NOODLE BALL 10:30 SNACK AND SOCIAL 1:00 SPA &MASSAGE DAY 2:00 SNACK & MUSIC 6:30 MOVIE TIME	15 7:00 COFFEE CAFÉ 10:00 GETTA "MOVIN" 10:30NAME THAT TUNE 1:00 ARTS & CRAFT 2:00 ICECREAM SOCIAL 6:30 TV CLASSIC	16 10:30 SNACK TIME 11:00 CHURCH 2:00 MOVIE 3:30 SNACK TIME 6:30 TABLE TIME
17 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MOVIE TIME 3:30 SNACK TIME 6:30 TV CHURCH	18 7:00 COFFEE CAFE 10:00 BALL TOSSING 10:30 SING ALONG 1:00 CRAFTING 1:30 SNACKS & MUSIC 6:30 HAND MASSAGE	19 7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 10:30 CHAIR DANCING 1:00 REMINISCE 3:30SNACK SOCIAL 6:00 UNWIND & MOVIE	20 7:00 COFFEE CAFE 10:00 SITTERCISE 10:30 SNACK & CHAT 1:30 JOY RIDE 3:30 SNACK TIME 6:30 TABLE GAMES	21 7:00 COFFEE CAFE 10:00 EXERCISE OF CHOICE 10:30 TRIVIA 1:00 SUNFLOWER CRAFT 2:00 SNACKS & MUSIC - DONNIE ON GUITAR	22 7:00 COFFEE CAFÉ 10:00 SITTERCISE 10:30 SNACK & CHAT 1:30 SPA DAY 3:30 SNACKS 6:30 TV CLASSIC	23 10:30 SNACK TIME 11:00 CHURCH 2:00 TABLE GAMES 3:30 SNACK TIME 6:30 TABLE TIME
24 10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK & CHAT 6:30 TV CHURCH	25 7:00 COFFEE CHAT 10:00 MORNING STRECH 11:00 BEAN BAG TOSS 1:00 PAINTING 3:30 SNACKS & MUSIC 6:30 HAND MASSAGE	26 7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 10:30 MOOVE & GROOVE 1:00 TUESDAY TRAVELS 3:30 SNACK & CHAT 6:30 TRIVIA	27 7:00 COFFEE CAFE 10:00 CHAIR DANCING 11:00 MUSIC THERAPY 1:30 JOY RIDE 3:30 SNACK TIME 6:30 TABLE GAMES	28 7:00 COFFEE CAFE 10:00 MORNING STRETCH 10:30 TRIVIA 1:00 BINGO 3:00 SNACKS & MUSIC 6:30 MOVIE TIME	29 7:00 COFFEE CAFE 10:00 BALL TOSSING 11:00 SNACK & CHAT 1:30 CRAFT CLASS 3:30 SNACK TIME 6:30 TABLE GAMES	30 7:00 COFFEE CAFE 10:00 SITTERCISE 10:30 DEVOTION 1:00 REMINICE 3:30SNACK SOCIAL 6:00 UNWIND & MOVIE