

WOODLAND RIDGE ASSISTED LIVING SEPTEMBER 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>LUNCH TRIP TO THE VARSITY</p> <p>SEPTEMBER 22 11:00 AM</p>		<p>TRIP TO THE MOVIES TUESDAY, SEPTEMBER 12 1:00 PM</p>		<p>1 10:30 SCARF MOVES 11:00 RESIDENT COUNCIL 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:30 SUDOKU</p>	<p>2 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>3 10:30 SITTE RCISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>4 LABOR DAY ESTALENE STILLMAN'S B-DAY 10:30 SIT TO BE FIT 11:00 NOODLE BALL 2:00 MOVIE 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>5 10:30 PET VISITS 11:00 STRETCH & BALANCE 2:00 BIRTHDAY PARTY 3:00 WORD GAME 6:30 PUZZLES</p>	<p>6 10:30 BIBLE STUDY—CYNTHEA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>7 10:00 BIBLE STUDY—PASTOR POLSON 10:30 EXERCISE AND BALANCE 2:00 CRAFT CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>8 10:30 SCARF MOVES 11:00 DOLLAR TREE SHOPPING 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>9 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>10 10:30 SITTE RCISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>11 10:30 TAI CHI 11:00 REMINISCE 2:00 HARP MUSIC 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>12 10:30 PET VISITS 11:00 STRETCH & BALANCE 1:00 TRIP TO THE MOVIES 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>13 10:30 BIBLE STUDY —CYNTHEA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>14 10:00 BIBLE STUDY—PASTOR GLENN 11:00 EXERCISE AND BALANCE 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>15 9:45 READ TO NICKAJACK KIDS 11:00 SCARF MOVES 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>16 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>17 10:30 SITTE RCISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 STORIES WITH BROOKE 6:30 TV CHURCH</p>	<p>18 10:30 TAI CHI 11:00 REMINISCE 2:00 CRAFT CLASS 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>19 10:30 PET VISITS 11:00 STRETCH & BALANCE 2:00 BINGO AUCTION 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>20 10:30 BIBLE STUDY —CYNTHEA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>21 10:00 BIBLE STUDY—PASTOR POLSON 10:30 EXERCISE AND BALANCE 2:00 MUSIC WITH BILL GLEESON 3:30 SNACKS 6:30 PUZZLES</p>	<p>22 10:30 SCARF MOVES 11:00 LUNCH TRIP TO THE VARSITY 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:30 SUDOKU</p>	<p>23 10:00 WORD GAME 11:30 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 CLASSIC TV</p>
<p>24 SARA BOUNDS' BIRTHDAY 10:30 SITTE RCISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>25 GINGER RETTERER'S B-DAY 10:30 TAI CHI 11:00 REMINISCE 2:00 MUSIC - LEIGH TELOTTE 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>26 10:30 PET VISITS 11:00 STRETCH & BALANCE 2:00 COOKING CLUB—KENNY 3:00 NAME THAT TUNE 6:30 PUZZLES</p>	<p>27 10:30 BIBLE STUDY —CYNTHEA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>28 10:00 BIBLE STUDY—PASTOR GLENN 11:00 EXERCISE AND BALANCE 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>29 9:45 READ TO NICKAJACK KIDS 11:00 SCARF MOVES 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>30 10:00 WORD GAME 11:30 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 CLASSIC TV</p>