




# MEMORY CARE NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>THANKSGIVING DINNER FOR FAMILY &amp; FRIENDS</p> <p>WEDNESDAY, NOVEMBER 15 5:30-7:00 4 GUESTS PER RESIDENT RSVP REQUIRED BY NOV 7</p>		<p>1</p> <p>7:00 COFFEE CAFE 10:00 CHAIR MOTION 10:30 SNACKS &amp; CHAT 1:30 JOY RIDE 3:30 SNACK TIME 6:30 MOVIE TIME</p>	<p>2</p> <p>7:00 COFFEE CAFE 10:00 SIT &amp; STRETCH 10:30 SNACKS &amp; CHAT 11:00 BIRTHDAY PARTY WITH THE HAMILTONS 2:00 TELLING FUN JOKES</p>	<p>3</p> <p>7:00 COFFEE CAFE 10:00 STRETCH &amp; BALANCE 10:30 SNACKS AND CHAT 1:30 TABLE CRAFTS 3:30 REFRESHMENTS 6:30 MOVIE &amp; COOKIES</p>	<p>4</p> <p>10:00 DEVOTIONS 10:30 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK &amp; CHAT 6:30 TV CHURCH</p>
<p>5</p> <p>10:00 DEVOTIONS 10:30 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK &amp; CHAT 6:30 TV CHURCH</p>	<p>6</p> <p>7:00 COFFEE CAFE 10:00 SITTCERISE 10:30 SNACKS AND CHAT 1:30 PAINTING 3:30 SNACK TIME 6:30 UNWIND &amp; MOVIE</p>	<p>7</p> <p>7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 10:30 MOOVE &amp; GROOVE 1:00 TUESDAY TRAVELS 3:30 SNACK &amp; CHAT 6:30 TRIVIA</p>	<p>8</p> <p>7:00 COFFEE CAFE 10:00 SIT TO BE FIT 10:30 SNACK &amp; CHAT 1:30 JOY RIDE 3:30 SNACK TIME 6:30 MOVIE &amp; POPCORN</p>	<p>9</p> <p>7:00 COFFEE CAFE 10:00 SIT TO BE FIT 10:30 SNACK \$ CHAT 1:00 ARTS &amp; CRAFT 1:30 HAPPY HOUR(FRUIT)S 3:30 SNACK TIME</p>	<p>10</p> <p>7:00 COFFEE CAFE 10:00 SIT TO BE FIT 10:30 SNACK &amp; CHAT 1:30 POEM (WHAT IS A HERO) 3:30 SNACK TIME</p>	<p>11 VETERAN'S DAY</p> <p>10:00 DEVOTIONS 10:30 SITTCERISE 2:00 MUSIC THERAPY 3:30 SNACK &amp; CHAT 6:30 TV CHURCH</p>
<p>12</p> <p>10:00 DEVOTIONS 11:00 SITTCERISE 2:00 MUSIC THERAPY 3:30 SNACK &amp; CHAT 6:30 TV CHURCH</p>	<p>13</p> <p>7:00 COFFEE CAFE 10:00 SIT TO BE FIT 10:30 SNACK &amp; CHAT 1:30 GUESSING GAME FUN 3:30 SNACK TIME 6:30 MOVIE TIME</p>	<p>14</p> <p>7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 11:00 PET VISITS 1:00 TUESDAY TRAVELS 3:30 SNACK &amp; CHAT 6:30 TRIVIA</p>	<p>15</p> <p>7:00 COFFEE CAFE 10:00 SITTCERISE 1:30 JOY RIDE 5:30 THANKSGIVING DINNER FOR FAMILY &amp; FRIENDS</p>	<p>16</p> <p>7:00 COFFEE CAFE 10:00 SITTCERISE 10:30 SNACK &amp; CHAT 1:30 CRAFTS (HAND TURKEYS) 3:30 SNACK TIME</p>	<p>17</p> <p>7:00 COFFEE CAFE 10:00 BALL TOSSING 10:30 NAME THAT TUNE 1:00 SPONGE PAINTING 6:30 UNWIND&amp; MOVIE</p>	<p>18</p> <p>10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MOVIE TIME 3:30 SNACK TIME 6:30 TV CHURCH</p>
<p>19</p> <p>10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MOVIE TIME 3:30 SNACK TIME 6:30 TV CHURCH</p>	<p>20</p> <p>7:00 COFFEE CAFE 10:00 SITTCERISE 10:30 SNACK &amp; CHAT 1:30 JOY RIDE 3:30 SNACK TIME 6:30 TABLE GAMES</p>	<p>21</p> <p>7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 10:30 CHAIR YOGA 1:00 GAME ( WHO AM I) 3:30SNACK SOCIAL 6:00 UNWIND &amp; MOVIE</p>	<p>22</p> <p>7:00 COFFEE CAFE 10:00 CHAIR DANCING 11:00 SHORT BOOK STORIES 1:30 JOY RIDE 3:30 SNACK TIME</p>	<p>23 THANKSGIVING DAY</p> <p>7:00 COFFEE CAFÉ 9:30 THANKSGIVING PARADE ON TV 1:30 MUSIC WITH DONNIE ON THE GUITAR 3:30 SNACK TIME</p>	<p>24</p> <p>7:00 COFFEE CAFE 10:00 CHAIR YOGA 11:00 TRIVIA 1:30 GUESSING GAME 3:30 SNACK TIME 6:30 TABLE GAMES</p>	<p>25</p> <p>10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK &amp; CHAT 6:30 TV CHURCH</p>
<p>26</p> <p>10:00 DEVOTIONS 11:00 SIT TO BE FIT 2:00 MUSIC THERAPY 3:30 SNACK &amp; CHAT 6:30 TV CHURCH</p>	<p>27</p> <p>7:00 COFFEE CAFE 10:00 CHAIR DANCING 11:00 MUSIC THERAPY 1:30 JOY RIDE 3:30 SNACK TIME 6:30 TABLE GAMES</p>	<p>28</p> <p>7:00 COFFEE CAFE 10:00 <b>BEAUTY SHOP</b> 10:30 MOOVE &amp; GROOVE 1:00 TUESDAY TRAVELS 3:30 SNACK &amp; CHAT 6:30 TRIVIA</p>	<p>29</p> <p>7:00 COFFEE CAFE 10:00 SITTCERISE 10:30 SNACK &amp; CHAT 1:30 LUNCH AT LONGHORN'S 3:30 SNACK TIME</p>	<p>30</p> <p>7:00 COFFEE CAFE 10:00 SITTCERISE 10:30 SNACK &amp; CHAT 1:30 SPA DAY &amp; NAILS 3:30 SNACK TIME 6:30 CLASSIC TV</p>	<p><b>BIRTHDAYS</b></p> <p>NOV 11= DAVE LASHER NOV 28=BEVERLY MARMON</p>	