

# WOODLAND RIDGE ASSISTED LIVING JANUARY 2024

**Sunday**

**Monday**


**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

	<p>1 NEW YEAR'S DAY 10:00 ROSE PARADE ON TV 11:00 SITTERCISE 2:00 MOVIE 3:30 SNACKS 6:30 WORD SEARCH</p>	<p>2 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 BIRTHDAY PARTY WITH THE HAMILTONS 6:00 PUZZLES</p>	<p>3 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>4 10:00 BIBLE STUDY—PASTOR GLENN 11:00 EXERCISE AND BALANCE 2:00 DEER HUNTING 3:30 SNACKS 6:30 PUZZLES</p>	<p>5 10:00 READ TO NICKAJACK KIDS 11:00 SCARF MOVES 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>6 10:00 WORD GAME 11:00 PET VISITS WITH ALISON 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>7 10:30 SITTERCISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>8 10:30 TAI CHI 11:00 REMINISCE 2:00 RESIDENT COUNCIL 3:30 SNACKS 6:30 WORD SEARCH</p>	<p>9 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 COOKING CLUB 3:30 NAME THAT TUNE 6:00 PUZZLES</p>	<p>10 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:00 CROSSWORDS</p>	<p>11 10:30 BIBLE STUDY—PASTOR POLSON 11:00 EXERCISE AND BALANCE 2:00 PAINTING CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>12 10:00 READ TO NICKAJACK KIDS 11:00 LUNCH OUTING TO THE VARSITY 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>13 10:00 WORD GAME 11:00 SIT TO BE FIT 2:00 NOODLEBALL 3:00 SNACKS 6:30 CLASSIC TV</p>
<p>14 10:30 SITTERCISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>15 MLK DAY OF SERVICE 10:30 TAI CHI 11:00 REMINISCE 2:00 MLK DAY OF SERVICE 3:30 SNACKS 6:30 WORD SEARCH</p>	<p>16 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 BINGO AUCTION 3:00 SNACKS 6:00 PUZZLES</p>	<p>17 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>18 10:00 BIBLE STUDY—PASTOR GLENN 11:00 EXERCISE AND BALANCE 2:00 CRAFT CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>19 10:00 READ TO NICKAJACK KIDS 11:00 DOLLAR TREE SHOPPING 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>20 10:00 WORD GAME 11:30 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 MOVIE NIGHT</p>
<p>21 10:30 SITTERCISE 11:00 BEAN BAG TOSS 2:00 STORIES WITH BROOKE 3:00 SNACKS 6:30 TV CHURCH</p>	<p>22 10:30 TAI CHI 11:00 REMINISCE 2:00 HARP MUSIC 3:30 SNACKS 6:30 WORD SEARCH</p>	<p>23 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 COOKING WITH KENNY 3:30 NAME THAT TUNE 6:30 PUZZLES</p>	<p>24 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	<p>25 10:30 BIBLE STUDY—PASTOR POLSON 11:00 EXERCISE AND BALANCE 2:00 CRAFT CLASS 3:30 SNACKS 6:30 PUZZLES</p>	<p>26 10:00 READ TO NICKAJACK KIDS 11:00 SCARF MOVES 1:30 SCENIC RIDE 3:00 HAPPY HOUR 6:00 SUDOKU</p>	<p>27 10:00 WORD GAME 11:30 SIT TO BE FIT 2:00 NOODLE BALL 3:00 SNACKS 6:30 CLASSIC TV</p>
<p>28 10:30 SITTERCISE 11:00 BEAN BAG TOSS 2:00 WORD GAME 3:00 SNACKS 6:30 TV CHURCH</p>	<p>29 10:30 NOODLE BALL 11:00 SITTERCISE 2:00 MUSICAL MOVIE 3:00 SNACKS 6:30 WORD SEARCH</p>	<p>30 10:30 PET VISITS 11:00 STRETCH &amp; BALANCE 2:00 COOKING CLUB 3:30 NAME THAT TUNE 6:00 PUZZLES</p>	<p>31 10:30 BIBLE STUDY—CYNTHIA 11:00 YOGA 2:00 BINGO—BERT 3:30 SNACKS 6:30 CROSSWORDS</p>	