



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>January 2025</b> <b>The Garden</b> <b>Social Calendar</b>			<b>Happy Birthday Mary J. 1</b> 9:30 Scarf Moves 10:00 New year’s Painting 10:30 Snack & Showtime 1:30 New Year’s Parade on TV 2:30 “Dance Charades” 3:30 Snack and Trivia (IN2L) 6:00 Evening Unwind	<b>2</b> 9:30 Seated Yoga 10:00 Flower Arrangements 10:30 Snacks & Conversation 1:30 Strike Up Band! 2:30 “Making Memories” 3:30 Snack & Music 6:00 Evening Unwind	<b>3</b> 9:30 Ball Tossing 10:00 Collaging and Scrapbooking 10:30 Snack & Showtime 1:30 Cooking class 2:30 Bowling 3:30 Snack & Table Talk 6:00 Evening Unwind	<b>4</b> 10:00 Thai Chi 10:30 Snack and Social 12:30 Instrumentalists Music &Snacks 1:30 Trivia (IN2L) 3:30 Snack and Chat 6:00 Evening Unwind
<b>5</b> 10:00 Virtual Church 10:30 Snack & Social 1:00 Small Groups 3:30 Snack & Social 6:00 Evening Unwind	<b>6</b> 9:30 Morning Exercise 10:00 Winter Painting 10:30 Snack & Showtime 1:00 Birthday Party with the Hamilton’s 3:30 Snacks & Book Club 6:00 Evening Unwind	<b>Travel Tuesday 7</b> 9:30 Morning Moves 10:00 Tell me a Story 10:30 Snack & Kansas City Tour 1:30 Table Games 2:30 Puzzle Group 3:30 Snack & karaoke 6:00 Evening Unwind	<b>8</b> 9:30 Dancercise 10:00 Poems & Painting 10:30 Snack & Showtime 1:30 Noodle Ball 2:30 “Action Charades” 3:30 Snack & Family Feud (IN2L) 6:00 Evening Unwind	<b>9</b> 9:30 Motown Movement Scarfs 10:00 Word Search Puzzles 10:30 Snack & Showtime 1:30 Bingo (IN2L) 2:30 “Making Memories” 3:30 Snack & Sing-A-longs 6:00 Evening Unwind	<b>10</b> 9:30 Morning Exercise 10:00 Life Skills Station 10:30 Snack & Showtime 1:30 Hand Care 2:00 Bowling 3:30 Snack & Chat 6:00 Evening Unwind	<b>11</b> 10:00 Thai Chi 10:30 Snack and Social 1:30 Music Trivia (IN2L) 3:30 Snack and Chat 6:00 Evening Unwind
<b>12</b> 10:00 Virtual Church 10:30 Snack & Social 1:00 Small Groups 3:30 Snack & Social 6:00 Evening Unwind	<b>13</b> 9:30 Morning Exercise 10:00 Winter Arrangements 10:30 Snack & Showtime 1:30 Bean Bag Toss 2:30 Reminisce 3:30 Snack and Book Club 6:00 Evening Unwind	<b>Travel Tuesday 14</b> 9:30 Chair Soccer 10:00 Los Vegas Post Cards 10:30 Snack & Las Vegas Tour 11:00 Lunch Outing to Chick fil A 2:30 Oh The Places We’d Go! 3:30 Snack & Karaoke 6:00 Evening Unwind	<b>Happy Birthday Jean H. 15</b> 9:30 Chair Zumba 10:00 Garden Painting 10:30 Snack & Showtime 1:30 Bingo 2:30 “Dance Charades” 3:30 Snack and Trivia (IN2L) 6:00 Evening Unwind	<b>16</b> 9:30 Seated Yoga 10:00 Wanna Build a snowman? 10:30 Snack & Showcase 1:30 Strike Up the Band! 2:30 “Making Memories” 3:30 Snack & Music 6:00 Evening Unwind	<b>17</b> 9:30 Noodle Ball 10:00 Crafts 10:30 Snack & Showtime 1:30 Hand care 2:00 Cooking Class 3:30 Snack & Chat 6:00 Evening Unwind	<b>18</b> 10:00 Thai Chi 10:30 Snack and Social 1:30 Music Trivia (IN2L) 3:30 Snack and Chat 6:00 Evening Unwind
<b>19</b> 10:00 Virtual Church 10:30 Snack & Social 1:00 Small Groups 3:30 Snack & Social 6:00 Evening Unwind	<b>MLK DAY OF SERVICE 20</b> 9:30 Morning Exercise 10:00 Crafty Corner 10:30 Snack & Showtime 2:30 Packing Birthday Bags for needy Families 3:30 Snack and Book Club 6:00 Evening Unwind	<b>Travel Tuesday 21</b> 9:30 Morning Moves 10:00 Arts & Craft 10:30 Snack & “Los Angeles” Tour 1:30 Hand Care 2:30 Puzzle Group 3:30 Snack and Karaoke 6:00 Evening Unwind	<b>22</b> 9:30 Dancercise 10:00 Arts & Craft 10:30 Snack & Showtime 1:30 “Winter Charades” 2:30 Name That tune 3:30 Snack & Family Feud (IN2L) 6:00 Evening Unwind	<b>23</b> 9:30 Motown Movement Scarfs 10:00 Crafty Corner 10:30 Snack & Showtime 1:00 Bingo 2:00 Snacks & Music with Donnie on the Guitar 6:00 Evening Unwind	<b>24</b> 9:30 Morning Exercise 10:00 Table games 10:30 Snack & Showtime 1:30 Hand Care 2:00 Cooking Class 3:30 Snack & Chat 6:00 Evening Unwind	<b>25</b> 10:00 Thai Chi 10:30 Snack and Social 1:30 Music Trivia (IN2L) 3:30 Snack and Chat 6:00 Evening Unwind
<b>26</b> 10:00 Virtual Church 10:30 Snack & Social 1:00 Small Groups 3:30 Snack & Social 6:00 Evening Unwind	<b>27</b> 9:30 Morning Exercise 10:00 Crossword Puzzle 10:30 Snack & Showtime 1:30 Bean Bag Toss 2:30 Guessing Game 3:30 Snack and book Club 6:00 Evening Unwind	<b>Travel Tuesday 28</b> 9:30 Batter up! 10:00 String Art Painting 10:30 Snack & Chicago Tour 1:30 Hallway Stroll 2:30 Puzzle Group 3:30 Snack and Karaoke 6:00 Evening Unwind	<b>29</b> 9:30 Chair Zumba 10:00 Guessing Game 10:30 Snack & Showtime 1:30 Bingo 2:30 “Dance Charades” 3:30 Snack and Trivia (IN2L) 6:00 Evening Unwind	<b>30</b> 9:30 Seated Yoga 10:00 Sorting Fabric 10:30 Snack & Showtime 1:30 Strike Up the Band! 2:30 “Making Memories” 3:30 Snack & Music 6:00 Evening Unwind	<b>Happy Birthday Judy P. 31</b> 9:30 Chair Hockey 10:00 Life skills Station 10:30 Snack & Showtime 1:30 Hand Care 2:00 Cooking Class 3:30 Snack & Chat 6:00 Evening Unwind	<i>Coffee Café daily at 7:00 AM</i> <i>&amp;</i> <i>Joyride Every Tuesday</i>  <i>Activities subject to change</i>